# Described Transcript—Family Wellbeing Services client video

**Audio description:** Upbeat music. Screen split in 2. On the left side is an illustration of sand, sea and sky with the words Aboriginal and Torres Strait Islander Family Wellbeing Services. On the right side is a video of 3 people casually sitting at an outside table talking.

**Stacie (Mum and Family Wellbeing Services client):** So I reached out to Family Wellbeing Services because I had just ended a 10-year relationship. I was very negative on myself that I couldn't parent my children and I just felt that I needed to gain some assistance to make sure that I was on the right track and doing what I was doing. It was a really quick process from when I was first linked to my wellbeing provider. They came out at that time, me and my children were actually homeless, living in a motel. They worked with numerous other services to put my case, and I ended up being able to get into a transitional property. When I moved into the transitional property, I didn't have anything and the wellbeing services were able to help with assist with essential stuff that I needed. In regards to the kids being at school and kinder they were able to help assist with some uniform for the children going into new schools, which I found was really helpful. I do have two children that have ADHD so structure and that is something that's really important for them, and my family wellbeing worker was able to help and support me be able to implement that into our house. So everything that we accessed was free and really easy even for further referrals. Like for myself, I needed counselling and things like that, so they provided all them to other agencies that provide free help as well. So now we are in a stable house. It's just all a lot smoother and a lot easier and a lot calmer now. I'm now working part time and the kids are doing well with themselves. They go to school, my son the other day got an award at school for exceeding academic levels, which is pretty cool for a prep kid.

**Text on screen:** For free and confidential support near you, visit familywellbeingqld.org.au or call 1300 117 095

**Text on screen:** Funded by Queensland Government.